



HAPPINESS

SEPTEMBER 2017 CLASS CALENDAR

*Member Events are in bold.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3 2:00-3:00p Create the AHA Moment to Solve Your Problems w/Alice Inoue	4 Labor Day	5	6	7 6:00-6:30p Happiness Talk w/ Alice Inoue (Free)	8	9 2:00-3:15p All About Sleep and Dreams w/Dalybeth Reasoner
10 2:00-3:00p How to Get Along with Anyone Using Astrological Compatibility w/ Alice Inoue	11 6:30-8:00p Mindfulness Meditation w/Max Gin	12	13 6:00-6:30p Happy Half Hour: How to Let Things Go w/Alice Inoue	14	15 7:30-8:30p Guest Speaker - Read Your Labels: A Primer to Common but Controversial Ingredients in Everyday Products w/Lee Ann Matsuda (Free)	16 2:00-3:00p TRUST: Gan It. Sustain It. Protect It. w/Alice Inoue
17 1:30-2:45p Finding Your Inner Spark w/Dr. Chad Sato 3:30-4:00p Happiness Talk w/ Alice Inoue (Free)	18 6:30-8:00p Mindfulness Meditation w/Max Gin	19	20	21	22	23 10:00a-6:00p Life Planning Workshop w/Alice Inoue (at Happiness U Rental, 560 N Nimitz Hwy)
24 10:00a-6:00p Life Planning Workshop w/Alice Inoue (at Happiness U Rental, 560 N Nimitz Hwy)	25 6:30-8:00p Mindfulness Meditation w/Max Gin	26 6:00-6:30p Happy Half Hour: Free Yourself from Fear of Taking Action w/Alice Inoue	27	28	29	30 12:30-1:30p What You Need to Know Before Vaccinating Your Pet w/Janis Goto 2:00-4:00p Private Member Event - Get "Sparked" w/ Vivian Best
			Members free to Member Events. Guests welcome at \$25. Class fees range from \$20-\$30.	NOTE: Registration is required at least 24 hours in advance for all classes. Class may be cancelled if there are no registered attendees, or minimum number of attendees not met. Walk-ins, please email smile@yourhappinesu.com to assure there is space, and/or any changes.		NOTE: Detailed information about every class listed is found on our website: YourHappinessU.com

NOTE: This calendar is subject to change and may be outdated. Check YourHappinessU.com for updated times and new classes



NEW PROGRAM: BOOK-A-CLASS: If you'd like to take a class that is not on the calendar, let us know and we can book it! See our menu of classes at YourHappinessU.com smile@yourhappinesu.com