



HAPPINESS



DECEMBER 2017 CLASS CALENDAR

*Member Events are in bold.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 11:00am-4:00p Christmas Shopping Hours (Free) 2:00-2:30p Happiness Talk w/ Alice Inoue (Free)
3 2:00-3:15p Create Your Best Life Ever: Big Vision Planning w/Kimi Morton and Pua Pakele & Cabot	4 6:30-8:00p Mindfulness Meditation w/Max Gin	5	6 6:00-6:30p Happy Half Hour: What Does Your Body Language Say About You? w/Alice Inoue	7	8	9 2:00-3:00p Death, Dying, and Grieving w/Dalybeth Reasoner
10 2:00-3:00p Find Your Archetype w/Alice Inoue	11 6:30-8:00p Mindfulness Meditation w/Max Gin	12	13	14 6:00-6:30p Happy Half Hour: What is Spirituality? w/Alice Inoue	15	16 2:00-3:00p Don't Worry, Pre-Pave the Outcome! w/Alice Inoue 3:30-4:30 Maximizing Your Dog's Vitality, Health, & Longevity (Part 2) w/Janis Goto
17 2:00-3:00p Teambuilding Throughout the Community w/ Heather Patterson	18	19 6:00-6:30p Happiness Talk w/ Alice Inoue (Free)	20	21	22	23 2:00-3:00p Do You Have a Poor Person's Mindset, Yet Want a Healthy Money Mindset? w/ Alice Inoue
24 Christmas Eve	25 Christmas	26	27	28	29	30
31 New Year's Eve			Members free to Member Events. Guests welcome at \$25. Class fees range from \$20-\$30.	NOTE: Registration is required at least 24 hours in advance for all classes. Class may be cancelled if there are no registered attendees, or minimum number of attendees not met. Walk-ins, please email smile@yourhappinesu.com to assure there is space, and/or any changes.		NOTE: Detailed information about every class listed is found on our website: YourHappinessU.com

NOTE: This calendar is subject to change and may be outdated. Check YourHappinessU.com for updated times and new classes



NEW PROGRAM: BOOK-A-CLASS: If you'd like to take a class that is not on the calendar, let us know and we can book it! See our menu of classes at YourHappinessU.com smile@yourhappinesu.com