



HAPPINESS



APRIL 2018 CLASS CALENDAR

*Member Events are in bold.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Easter	2	3	4	5	6 7:30-8:30p Guest Speaker: Chelsea Newman - Reaching Optimum Health Through Balancing and Fueling Your Chakras (FREE)	7 2:00-3:00p Mastering Fear with Courage w/Alice Inoue
8 10:30-11:00a Happiness Talk w/ Alice Inoue (FREE) 2:00-3:30p Escaping the Emotional Roller Coaster w/Dr. Chad Sato	9 6:30-8:00p Mindfulness Meditation w/Max Gin	10 6:00-6:30p Happy Half Hour: Turn Up the Volume on Your Intuition w/Alice Inoue	11	12	13	14 2:00-3:15p How to Build a Badass Online Business (Without Quitting Your Day Job) w/Kimi Morton and Pua Pakele & Cabot
15 2:00-3:00p An Unforgettable Skill w/Alice Inoue	16 6:30-8:00p Mindfulness Meditation w/Max Gin	17	18 6:00-6:30p Happiness Talk w/ Alice Inoue (FREE)	19	20	21 2:00-3:00p Understanding Depression w/Dalybeth Reasoner
22 2:00-3:00p Create YOUR Calling: How to Discover Your Authentic Life Mission w/Lani Kwon	23 6:30-8:00p Mindfulness Meditation w/Max Gin	24	25 6:00-6:30p Happy Half Hour: Color Me Happy w/Alice Inoue	26	27	28 2:00-3:00p Get Face-to-Face with Physiognomy w/Alice Inoue
29 2:00-3:00p Get Your Moonglow w/Alice Inoue	30 6:30-8:00p Mindfulness Meditation w/Max Gin					
			Members free to Member Events. Guests welcome at \$25. Class fees range from \$20-\$30.	NOTE: Registration is required at least 24 hours in advance for all classes. Class may be cancelled if there are no registered attendees, or minimum number of attendees not met. Walk-ins, please email smile@yourhappinessu.com to assure there is space, and/or any changes.		NOTE: Detailed information about every class listed is found on our website: YourHappinessU.com

NOTE: This calendar is subject to change and may be outdated. Check YourHappinessU.com for updated times and new classes

NEW PROGRAM: BOOK-A-CLASS: If you'd like to take a class that is not on the calendar, let us know and we can book it! See our menu of classes at YourHappinessU.com smile@yourhappinessu.com