

HAPPINESS

DECEMBER 2018 CLASS CALENDAR

*Member Events are in bold.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2 2:00-3:00p End of the Year Clutter-Clearing Plan w/Alice Inoue	3 6:30-8:00p Mindfulness Meditation w/Max Gin	4	5	6 6:00-6:30p Life and Happiness Talk w/Alice Inoue (FREE)	7	8 10:00a-6:00p Life Planning Workshop w/Alice Inoue
9 10:00a-6:00p Life Planning Workshop w/Alice Inoue	10 6:30-8:00p Mindfulness Meditation w/Max Gin	11	12	13	14	15 2:00-3:00p The Astrology of Money and Wealth w/Alice Inoue 3:30-4:30p All About Sleep and Dreams w/Dalybeth Reasoner
16 2:00-3:30p To Be at Ease or Dis-Ease w/Dr. Chad Sato	17	18	19	20	21	22 2:00-2:30p Life and Happiness Talk w/Alice Inoue (FREE) 3:00-4:00p Declutter Your Year-End Mind w/Alice Inoue
23 2:00-3:00p Your Priceless Gift to Others w/Dr. William Findley 3:30-4:30p Reignite Your Resolutions w/Lani Kwon, MA	24 Christmas Eve	25 Christmas Day	26	27	28	29
30	31 New Year's Eve		Members free to Member Events. Guests welcome at \$25.	NOTE: Walk-ins, please email smile@yourhappinessu.com to assure there is space, and/or any changes.		NOTE: Detailed information about every class listed is found on our website: YourHappinessU.com

NOTE: This calendar is subject to change and may be outdated. Check YourHappinessU.com for updated times and new classes



NEW PROGRAM: BOOK-A-CLASS: If you'd like to take a class that is not on the calendar, let us know and we can book it! See our menu of classes at YourHappinessU.com smile@yourhappinessu.com