

HAPPINESS

FEBRUARY 2019 CLASS CALENDAR

*Member Events are in bold.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 7:30-9:30p 2019: The Year of Movement w/Alice Inoue (at Honolulu Club)	2 2:00-3:00p Leverage Your Introversion w/Alice Inoue 3:30-4:00p Life and Happiness Talk w/Alice Inoue (FREE)
3 2:00-3:30p The ABCs of the Mind-Body Connection w/Dr. Chad Sato	4	5	6	7	8	9 2:00-3:00p Soul Mates Workshop w/Lani Kwon, MA
10 1:30-2:30p "Think and Grow Rich" - Can It Really Be True? w/ Dr. William Findley	11 6:30-8:00p Mindfulness Meditation w/Max Gin	12	13	14 6:00-6:30p Life and Happiness Talk w/Alice Inoue (FREE)	15	16 2:00-3:00p What's Your Attachment Style? w/Alice Inoue
17 1:00-5:00p Vision Board Your Future w/Alice Inoue	18 6:30-8:00p Mindfulness Meditation w/Max Gin	19	20	21	22 7:30-8:30p Living Intentionally w/ Danny Kim (FREE)	23 2:00-3:00p Ask Your Guides w/ Dalybeth Reasoner
24 2:00-4:00p 2019: The Year of Movement (Encore Presentation) w/Alice Inoue	25 6:30-8:00p Mindfulness Meditation w/Max Gin	26	27	28		
			Members free to Member Events. Guests welcome at \$25.		NOTE: Walk-ins, please email smile@yourhappinessu.com to assure there is space, and/or any changes.	NOTE: Detailed information about every class listed is found on our website: YourHappinessU.com

NOTE: This calendar is subject to change and may be outdated. Check YourHappinessU.com for updated times and new classes



NEW PROGRAM: BOOK-A-CLASS: If you'd like to take a class that is not on the calendar, let us know and we can book it! See our menu of classes at YourHappinessU.com smile@yourhappinessu.com