

HAPPINESS

OCTOBER 2018 CLASS CALENDAR

*Member Events are in bold.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 6:30-8:00p Mindfulness Meditation w/Max Gin	2	3	4	5	6 2:00-3:00p Set the Stage with Feng Shui 101 w/Alice Inoue
7 2:00-3:30p Be Pro-Active Instead of Re-Active w/Dr. Chad Sato	8 6:30-8:00p Mindfulness Meditation w/Max Gin	9	10	11	12	13 2:00-2:30p Life and Happiness Talk w/Alice Inoue (FREE) 3:00-4:30p Canine Body Language for Akamai Understanding of Your Dog w/Janis Goto
14 2:00-3:00p Harness the Universal Laws for Fulfillment w/Alice Inoue	15 6:30-8:00p Mindfulness Meditation w/Max Gin	16	17	18	19 7:30-8:30p Guest Speaker: The Million Dollar Midlife with Coach OM (Olivera Milojkovic) (FREE)	20 2:00-3:00p Meaningful Work That Works for You w/Lani Kwon, MA 3:30-4:30p Archetypes w/Dalybeth Reasoner
21	22 6:30-8:00p Mindfulness Meditation w/Max Gin	23	24 6:00-6:30p Life and Happiness Talk w/Alice Inoue (FREE)	25	26	27 2:00-3:00p Get Ready for Venus Retrograde w/Alice Inoue
28 2:00-3:30p Soothe Inflammation, Ease Disease w/Chelsea Newman	29 6:30-8:00p Mindfulness Meditation w/Max Gin	30	31			
			Members free to Member Events. Guests welcome at \$25.	NOTE: Walk-ins, please email smile@yourhappinessu.com to assure there is space, and/or any changes.		NOTE: Detailed information about every class listed is found on our website: YourHappinessU.com

NOTE: This calendar is subject to change and may be outdated. Check YourHappinessU.com for updated times and new classes



NEW PROGRAM: BOOK-A-CLASS: If you'd like to take a class that is not on the calendar, let us know and we can book it! See our menu of classes at YourHappinessU.com smile@yourhappinessu.com